



TO: Parks and Recreation Board Members
CC: Henry Hill, Deputy City Manager
Rick Wieland, Parks and Recreation Director
Marcy Jones, Recreational Services Manager
FROM: Leslie Penland and Tracy Spino, Senior Adult Recreational Programmers
DATE: May 7, 2009
SUBJECT: Monthly Report on the Registration, Participation and Revenue of Recreation Programs within the Senior Center

Although we endured many April showers, the Senior Center remained busy. In April we offered over 245 programs with over 3290 participants. We honored all valuable volunteers with a luncheon and awards ceremony. The Senior Center volunteers gave over 3,000 hours of their time to our facility. The center would not be as enjoyable and successful without their assistance. Seniors got a chance to show off their learned dance moves at our Spring Fling Dance close to 100 tickets were sold for the event. Patrons are still enjoying paint classes as well as rubber stamp greeting cards and ceramics. Genealogy has also grown in popularity this spring as more people are becoming interested in their ancestors and past. Staff is looking into some new dance instructors to provide a broader variety of dance classes at the facility for our members.

All the beautiful showers produced beautiful displays of flowers at the Dallas Arboretum Trip. The theme was a story book land, filled with classics such as Peter Pan and Hansel and Gretel. The seniors enjoyed a Spring tea and then toured the grounds. The seniors also enjoyed a trip to the Frisco Rough rider's game, where they enjoyed some free food and a hat. Fitness classes are continuing to grow, there were 20 people who had participated in the Yoga for Youth Demo. The class will begin in May. Several seniors are participating in the Texercise program and we have had two seniors complete the Walk Across Texas Program, tracking their daily workout time and transferring it to miles as they "travel" the state of Texas. The winners have exercised over 2500 miles since January.



Spring Tea at the Dallas Arboretum